5. When visiting the doctor

- Visit the doctor at the Health Center whenever you need. During the clinical interview, trust the doctor and always tell the truth.
- If necessary, the doctor will ask you to practice clinical examinations and analytical tests in order to check your health status.
- The doctor may require further examinations to be carried out by other clinicians.
- Vaccination schedules will be updated by health personnel.





REMEMBER

- Your health is the most important thing.
- Avoid sexually transmitted diseases and unwanted pregnancies.
- When having sex, even with your partner, always use a condom.





IF YOU HAVE ANY QUESTIONS GIVE US A CALL

670 96 26 16

IOU TO GET A SANITARY CARD



1. Register in a census of your town

It does not matter if you are legal or not. To be entitled to have free health assistance is necessary to be registered in the town census and have the Sanitary Card.

In order to get it, go to your Town Hall and show these documents:

- Passport.
- Any document to prove you live in that town.
 You could take a rent contract or any other bill with your name in it.
- If you do not have an adress or contract or bills with your name in it, ask a friend who has it for going with you to the Town Hall in order to tell you live in his/her adress. If a friend could not go with you, ask him/her to write an authorization (the Town Hall will give you a form to do it) and his/her rent contract.
- Foreigner identity number if you are an European citizen.

2. If you are an european citizen

Before making the registry in the Town Hall you must transact your Communitarian Certificate at your nearest Foreigners Office.

- 1. Request a citation in the Foreigners Office.
- Bring your passport or identity card, 3 carnet size photographs and some proof of address in Spain (domiciled invoices, rent contract, record from the bank).

3. Check in the Social Security

Inform yourself about the location of the Social Security Office in the town where you have registered. You will have to present your passport and census register certificate to get a Social Security number.

4. Apply for the Sanitary Card

Apply for your Sanitary Card in the the nearest Health Center. It is mandatory to present the following documents:

- Census Register Certificate.
- Social Security number.
- Copy of your passport or other personal identification document.

You will get a document that will allow you to visit the doctor until receiving the Sanitary Card by postal service.



stens to obtain a sanitary Card